

# Neighbors In Need

Fall 2017

Bringing healthy food to the poor & hungry of Greater Lawrence

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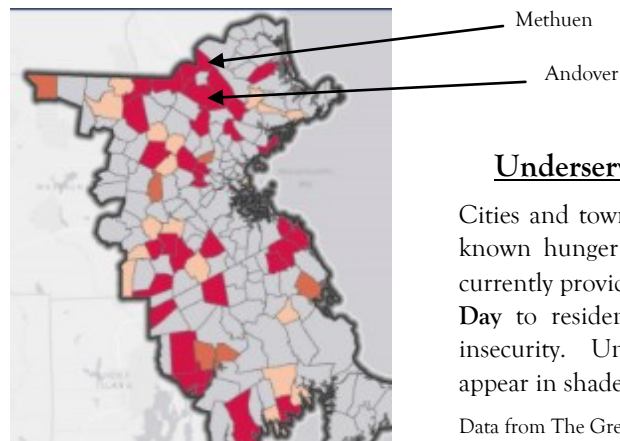
### Photography

Linda Zimmerman  
Emily Strong

## NIN to open food pantries in Methuen & Andover

Neighbors in Need is excited to announce the opening of two new food pantries in the Greater Lawrence area. In October, we will be opening a pantry at the Methuen Public Schools Family Resource Center at 10 Ditson Place in Methuen. This is our second Methuen food pantry and currently our only evening pantry. Later in the year we will be opening our first pantry in Andover.

Both of these pantries have come about after months of planning and hard work by community leaders in both Methuen and Andover, and Neighbors in Need staff and Board members. Additionally, the Greater Boston Food Bank has supported this initiative with a Capacity Building grant targeting underserved areas.



### Underserved Communities

Cities and towns in Eastern MA where known hunger relief resources are not currently providing at least **One Meal A Day** to residents struggling with food insecurity. Underserved Communities appear in shades of red on this map.

Data from The Greater Boston Food Bank

Con't on p. 2

*We've moved!*

*Come see us in our  
new office space:*

*60 Island Street,  
Suite 214-East  
Lawrence, MA*



## Neighbors in Need to Open Methuen & Andover Pantries, con't.

For months Julie Little, The Savings Bank's Methuen Branch Manager and Neighbors in Need board member, encouraged Neighbors in Need to bring a pantry to her community. She spread the word about Neighbors in Need in Methuen, and engaged other community leaders about the hungry and the need for an additional food pantry. Those conversations have led to a wonderful partnership between Neighbors in Need, Methuen Public Schools and First Church Congregational. Key to this partnership are Judy Scannell, the Superintendent of Methuen Public Schools and Bill Ingraham, Senior Pastor at First Church Congregational. While the pantry will be held in the Methuen Public Schools Family Resource Center, volunteers from First Church Congregational will staff the pantry. Neighbors in Need also has the support of Methuen Rotary and Exchange Club, Holy Family Hospital, Methuen YMCA and many others.



First Church Congregational Methuen members, Ken & Marilyn Peck meet with Eric Fila, manager of the Neighbors in Need Warehouse, preparing to coordinate Methuen pantry volunteers.

While finalizing our plans to open our new Methuen pantry this month, we've also been working with Annmary Connor, Andover's Director of Elder Services to open our first-ever pantry in the town of Andover. Ever since working with Andover School Lunch Rescue group, Neighbors in Need has been looking for a way to distribute food to the hungry in Andover. And we are well on our way to opening this site -stay tuned for more news about this exciting opportunity in the coming months.

## Endings and Beginnings

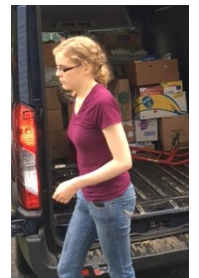


A huge thanks to Zoe Hastings, who after serving for a number of years as a Board of Director finished her term as Vice President. She's now serving on our Advisory Council. Zoe we're so glad you're still in our circle of friends!

Christina Berthelsen, Community Engagement Fellow from Merrimack College started in August. She's pictured here receiving a check from the Greater Lawrence Kiwanis Club. Welcome Christina!



Sarah Knowles worked hard in our Warehouse all summer long. She left us this fall to return to school. Sarah we miss you already!



We said good bye this May to Kayla Westhoff, the Community Engagement Fellow from Merrimack College that had worked at Neighbors in Need since September, 2016. Kayla was instrumental in our School Food Rescue efforts and moving forward our Strategic Plan. We wish her luck!



### Contact us:

P.O. Box 247

Lawrence, MA 01842

Phone: 978-685-8321

New office location:

60 Island St., Ste 214-E

[Neighborsinneed@verizon.net](mailto:Neighborsinneed@verizon.net)

[www.needfood.org](http://www.needfood.org)



Like us on Facebook



Follow us on Instagram

# Neighbors in Need helps families with diapers & formula

## THERE IS A GROWING PROBLEM...

\$   /wk  
\$    /yr

Diapers cost \$18 per week, or \$936 per year, on average per child; Babies need 6-10 diapers a day



1 in 3



U.S. moms suffer from diaper need

The Neighbors in Need Infant in Need Program provides formula, baby food, diapers and clothing, to mothers and other caregivers of infants on a monthly basis. Contact: Christina@needfood.org for more information or to donate unused or unwanted diapers, formula, coupons or reward codes.

## AND, IT HAS A NEGATIVE IMPACT ON MOMS AND CHILDREN...



Diaper need is even **more distressing** to moms than **not having enough food** for their family



Women with diaper need also reported **more difficulty with stress management**, depression and coping with trauma - which can **negatively affect a child's health** and development

Children in soiled diapers are **exposed to greater health risks**

Graphic from No Baby Unhugged 2016 awareness poster

## Thank you 2017 Farming Partners

Alternative Corrections  
Andover Community Gardens  
Andover High School Garden  
Farmer Dave's CSA  
The Giving Garden  
Groundwork Lawrence  
Johnson's Highland View Farm  
Pleasant Valley Gardens  
Stevens Coolidge Estate  
Project Bread



Top :  
Youth volunteer washing beets at The Giving Garden. Bottom: Apples grown by the Steven's



South Church Summer of Service volunteer, Carrie Fitz, distributing produce at a food pantry.

# Neighbors In Need

P. O. Box 447

Lawrence, MA 01842-0947

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LAWRENCE, MA

PERMIT NO. 12

Bringing healthy food to the poor & hungry of Greater Lawrence

1,200 of your neighbors need food for Thanksgiving.  
You can help. Donate a meal basket! Organize a Food Drive!

## *Basic Dinner*

### Frozen Turkey

Fresh Vegetables: squash, broccoli, green beans, carrots, potatoes, onions, celery

Rice & Beans: Pink Beans, Red Beans,

Black Beans or Gandules (a favorite)

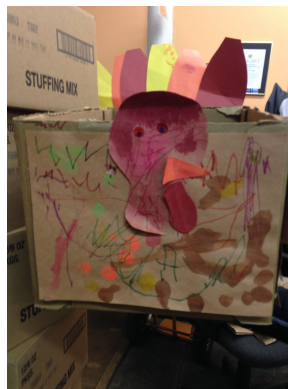
Stuffing Mix

Gravy

Cranberry Sauce

Bread or Rolls

Dessert: Pie or Cake (NOT FROZEN)



## *Extras*

Baking Supplies

Cake or Bread Mix

Pie Ingredients – Apples, Squash, Pumpkin

Fruit, Nuts or Coffee

Paper napkins or other paper goods



To donate meal baskets or food, contact

[NeighborsinNeed@verizon.net](mailto:NeighborsinNeed@verizon.net)

To volunteer contact: [volunteer@needfood.org](mailto:volunteer@needfood.org)